



Beauty update



Volume 12

GENTLEWAVES® LED: A Kind Approach to Smooth Skin

Your Professional
Source for
Aesthetic Services

Are you tired of looking in the mirror and seeing lines and wrinkles?

Well, I have found a wonderful device called GentleWaves® LED that harnesses the power of light to combat the signs of aging. I am very excited about this new technology. It promises and delivers a way to rejuvenate the skin and

reduce visible signs of aging.

This technique is simple.

GentleWaves® LED uses light energy to penetrate the skin's cells which then causes them to produce

collagen. My experience with GentleWaves® LED supports that it causes no trauma to the skin, no pain or discomfort, and has no side effects. It leaves skin smoother and softer. There is a reduction in the appearance of fine lines and wrinkles, freckles, brown spots and skin redness. With this device I am also able to treat large areas such as the face and chest during one session. Your skin has a new glow and fresher texture.

The Technique

You face a tabletop instrument. The device has a panel of LEDs

that illuminates the entire treatment area for less than five minutes.

After the session, you can resume all activities. The number of treatments depends on the areas to be treated, the skin type and the amount of damage. Results are more apparent as the sessions continue. Treatments are spaced



over a period of weeks or months.

After the series, maintenance is necessary to sustain the benefits. GentleWaves® treatments can be done at the same time or in conjunction with other treatments such as fillers or Botox.

GentleWaves® LED treatment has FDA approval but more importantly it has the approval of many satisfied, smooth-skin clients.

Almost everyone can benefit from this quick, easy treatment. I will be happy to evaluate your skin, GentleWaves® may be just right for you.



Wendy Holmes, RN

Nurse Specialist in Cosmetic Dermatology

Services include:

- Botox®
- Custom skin-care programs
- Eyelash extensions
- Fillers
- Laser hair removal
- Permanent cosmetics
- Pulsed light
- Skin discoloration removal
- Thermage
- TLC (Total-look consultation™)

Working with Bruce Saal, MD

Board Certified in Dermatology

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EYELASH EXTENSIONS: Framed and Beautiful

Introducing our latest service in effortless beauty! Imagine waking up every morning and looking like a make up artist has enhanced your eyes. For years, my experience with permanent makeup provided the extra that you have wanted but your wish list also included a desire for long lasting and natural looking lashes. Your wish is now possible. I recently added a new technique for applying eyelash extensions. These extensions are identical to your real lashes -- flat at the base and gently curving upward at the tip. They look natural and highlight your eyes.

The Technique

Not only will you walk out looking beautiful, you will enjoy the process. You close your eyes, listen to music and relax as my specially-trained licensed esthetician performs the

hour or longer treatment. Each extension is individually applied to your natural lash. The extensions are weightless and resistant to facial cleansing, showering and sleeping. They are lush. After your application, it is best to wait at least two hours before allowing water to come in contact with your lashes. And, for two days after treatment, do not steam your face, take a steam bath, swim, or wash your face with hot water. Your new eyelashes will frame your face for up to eight weeks. Call for your appointment and take the next step towards beautifully enhanced eyes.



LIPS: Lust for Luscious

Lips are the focal point of the face. Women realize that full lips are sensual and youthful. My patients are conscious that the bothersome lipstick bleeding lines, fine lines above the lips and narrowing lips add years to the face. I treat lips with fillers so that they look natural and enhance the appearance. I can redefine lip borders and add volume.



to augment and define the lip borders. I also find that Hylaform™, Restylane™, Captique™ and Radiesse™ create a full, soft, natural lip while diminishing lines (the bane of all women). Years of pursing lips, talking, sun exposure and smoking create small lines above the lip that begin to blend with the lips. These lines can also be softened or erased with nonablative lasers and lights. Beautiful lips are a treatment away.

The Technique

Injectable collagen is a popular nonsurgical treatment

FILLERS: Fullness of Youth

What makes a person look young? Compare teenagers to older adults, the striking difference is in the soft, fullness of youth. As you age, your skin loses that plumpness. Lines and furrows appear alongside the mouth and nose. But there is an easy, fast way to regain that youthful fullness -- fillers. Through the use of fillers, you can choose results that vary from subtle to dramatic.

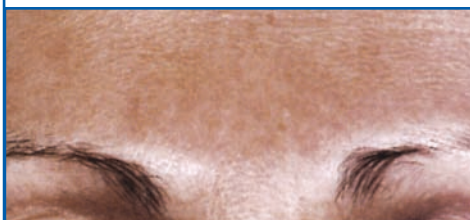
BOTOX® COSMETIC: Look'n Good

Do people ever ask if you are tired?

Sagging eyebrows and drooping lids create an aged, tired look. Short of surgery, these signs of aging are not easily erased. But with the use of the extremely safe, effective BOTOX® Cosmetic, surgery can be delayed. BOTOX® Cosmetic is highly regarded for its reduction of forehead furrows. You will experience no change in sensation; except you will no longer be able to frown. Your brows will be lifted, your eyes brighter, less lined



Before Botox®



After Botox®

and definitely more youthful. After a short period of time, you will have recaptured your "young" eyes.

The Technique

The goal of BOTOX® Cosmetic is to weaken the muscles that pull downward causing sagging, leaving the muscles that lift to promote a youthful appearance. The results last from three to six months. BOTOX® Cosmetic can often delay the need for the "nips" and "tucks"!

HAIR REMOVAL: Less is Better

In the world of hair removal there is little that is more irritating than endless repetition. Shaving, waxing, tweezing and chemical removal of hair is temporary and basically, fruitless. Genetics and hormones play a huge role in the saga of excess hair. Hair removal is a never-ending cycle and if you are tired of the cycle, I have a solution: laser hair removal. Laser technology is very successful in managing unwanted hair. Lasers, through light-source energy, virtually eliminate or transform coarse, dense hair. They are safe for darker skin tones.

The Technique

A laser produces a beam of light that targets the pigment in the hair follicle and disables it. The treated hairs remain suspended as stubble for about a week, and then begin dropping off to leave a smooth, clean area. I find that most people can expect significant clearance after a series of treatments. Eventually, the majority of the hair follicles are exhausted and you gain freedom from the daily or weekly ritual of hair removal, a happy result. Let me help you achieve that freedom.



Before Hair Removal



After Hair Removal

THERMAGE™



The world of cosmetic enhancement is much closer to an elusive goal -- a face or brow lift without surgery. Through the use of Thermage™, I am able to give patients a youthful appearance with no downtime. This amazing device uses radio frequency waves for aesthetic enhancement. It softens wrinkles much like other non-ablative laser systems, but can forestall a facelift in the right candidate. It is a noninvasive, non-laser energy that tightens the skin by heating the deeper layers of skin and stimulating the growth of collagen. Additionally, Thermage™ appears to work minor miracles on loose, "turkey-neck" skin. This can lead to a cosmetically pleasing lift of the eyebrows, jowls and neck -- in effect, a facelift and brow lift without surgery.

PERMANENT MAKEUP: Morning Bliss



To never again have to apply makeup is the ultimate fantasy. Benefit from my years of pioneering experience with micropigmentation. I have safely performed thousands of applications, using

natural colors. The technique is perfect for women who are simply too busy to apply makeup every morning or for those who have minimal eyebrows, faded lips, or makeup that smears. Permanent lip color, eyebrows, and eyeliner can restore youthful definition. Imagine feeling even more gorgeous by adding a filler to softly plump your lips and **eyelash extensions** for beautiful, mascara-free lashes. The ultimate morning bliss awaits you!



TLC: Total-Look Consultation™

Not sure what to do with your appearance?

Looking for a way to enhance and restore your looks?

I offer a popular service for my patients called the Total-look consultation™. This process is invaluable as we can establish a plan to promote the best you.

Call for an appointment.